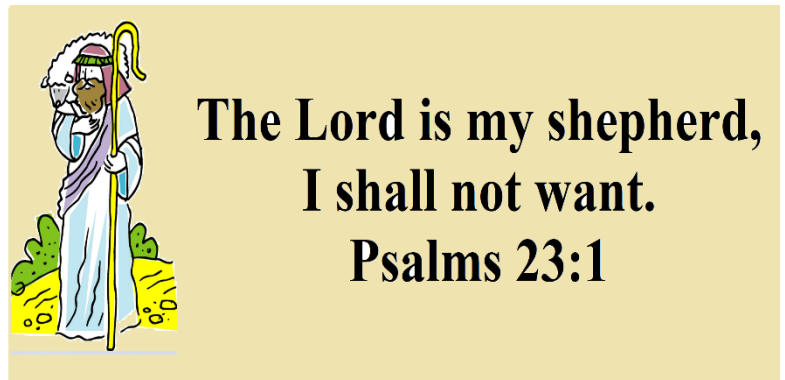


“Rejoin, Share and Rest with Jesus”

Children’s Liturgy Activity July 18th , 2021



Gospel: Mark 6:30-34

In the gospel today, we see the disciples re-joining with Jesus after their mission. They shared everything happened during their mission journey with Jesus. Jesus asks his disciples that they must come to a lonely place and rest for a while as it had been very busy for them and had no time even to have food.

As they resided to a lonely place to rest, Jesus saw large crowds following them. He stepped ashore and looked the crowd with pity. Jesus felt them like ‘sheep without a shepherd’. He set himself to teach them.

We come across a very caring and compassionate Jesus in today’s gospel. At first, we understand about the great love and care that Jesus has for his disciples who returned from the busy mission. He asks them to come with him to lonely place so that they can spent time together by themselves . Jesus also asks them to take rest for a while. We find the disciples who was on the mission returns to Jesus and is sharing everything with Jesus. Jesus wishes the same from each of us. After a busy day , we must REJOIN with him , sit with him and SHARE everything happened that day.

Do we make time every day to spend with Jesus?

Let us spend time with our dear Lord every day in a quiet place and share with him everything happened that day. We will then find rest in Jesus, who will fill us with peace. He tells each of us to take REST.

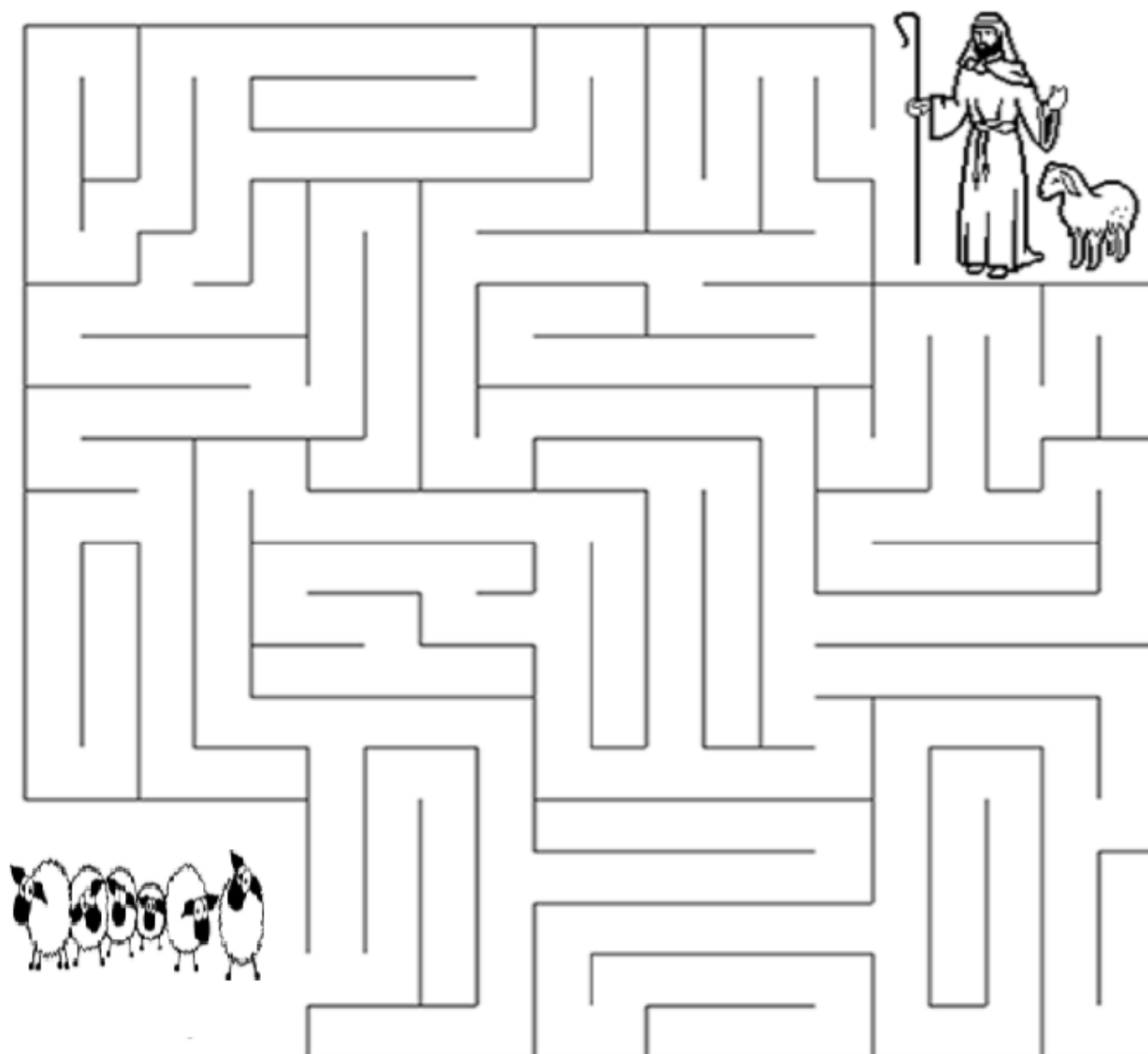
Despite being rest time, Jesus feels pity for the people who followed them. He felt the real need in the people to be fed and guided by Him. Jesus points out that they were so desperate like ‘sheep without a shepherd’. Sheep without shepherd are always left unsatisfied without being led to proper green pastures and is in danger of being attacked or scattered. Jesus did not turn them down. He did not put the task to the tired disciples. Jesus himself set to serve the people. At times when we are too tired, do we have the same attitude as Jesus to those who approach us in need? Do we help someone who is tired as Jesus helped , by setting ourselves for doing the tasks?

Jesus ,our compassionate Shepherd, gave his life to save us and provides us with heavenly treasures. He is our provider ,He is our shepherd who leads us to green pastures of life ,He is the source of our peace ,let us trust in him and cling to him. All the busy chores of the day might exhaust us. No matter how busy we are or how desperate we are, let us rejoin Jesus, sit with him, share with Jesus, and find rest in Jesus. As we rest in Jesus, we will be filled in Jesus’ peace We will fill in wisdom. We can hear the voice of Our shepherd and we are provided with the right. Let us help others who are tired and never turn them away but offer them and lead them to Jesus.

At the end of each day before going to bed, let us talk to Jesus and rest in Him.

'Sheep without a Shepherd'


Can you find the way for the sheep to re-join the shepherd?



Complete the verses from the Bible.

1. "Come to me, all you that are ----- and are carrying heavy -----, and I will give you -----(Matthew 11:28)
2. The apostles ----- Jesus and ----- him all they had done and taught. Then he said to them, 'You must come away to some ----- place all by yourselves and ----- for a while'
(Mark 6:30-31)

Colour and stick on a card to hang it on your wall.



The Lord is my shepherd,
I shall not want;
He makes me lie down in green pastures.
He leads me beside still waters;
He restores my soul.
He leads me in paths of righteousness
for His name's sake.

Even though I walk through the valley
of the shadow of death,
I fear no evil;
for You are with me;
Your rod and Your staff, they comfort me.

Surely goodness and mercy shall follow me
all the days of my life;
and I shall dwell in the house of the
Lord forever.

Psalm 23

‘he set himself to teach them’

How often do we set ourselves to help at home? Let us examine ourselves this week.

Each time you help, draw a star against the task.

Count it all together to find whether you are a helper.

Task	Stars Earned	Total
Clear the dining table		
Make my bed		
Washing the plates		
Tidy my room		
Vacuum the floor		
Put the washing for drying		

Re-join, Share and Rest with Jesus.

Plan sometime to spent with Jesus every day. Do it regularly for this week and record it in the below table. Let this become our lifestyle.

Day	Time spent with Jesus	Inspirations from Jesus
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Let us pray, 

Dear Loving Lord Jesus, Shepherd of Love who gave yourself to save our life, help us to find rest in you every day. Let our trust in you increase day by day as we rest in you. No matter how busy the days turn out to be, let us never be lazy to approach you and open our heart unto you. Guide us and lead us to the green pastures of eternal life. Fill us with your peace and grace to help others to find rest in you. In Jesus' name we pray ,amen.