## You Are the Salt and Light of The Earth

CHILDREN'S LITURGY ACTIVITY FEBRUARY 9TH, 2020



## VERSES OF THE WEEK

"your light must shine before others, that they may see your good deeds and glorify your

heavenly Father."
- Matthew 5:16

Prayer of St. Francis of Assisi **Lord**, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand: to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born  $\Lambda$ to eternal life.

Gospel: Matthew 5:13-16

In today's Gospel we see Jesus telling his disciples "You are the salt of the earth'. Salt, if lost its saltiness, is no longer good for anything but to be thrown out and trampled underfoot. Our Saltiness points to our essence of life in Jesus filled in God's love and living as he lived. We must have this saltiness in us so that we can add taste/flavor to the life of others. We must be able to melt the blocks, stop the spread of sin, preserve life, purify and protect the Earth. Living as Jesus lived by forgiving, caring, sharing, helping etc. Thus preserving, healing, protecting and adding flavor of happiness and love to the life of others.

Jesus also said that 'You are the light of the world'. We are the light of the world because Jesus the eternal light is shining in us. Jesus must shine in us always so that we too become the light for others. Let us remove all the things that blocks the light of Jesus to shine in us and through us.

Jesus lighted us up by loving us, forgiving us, caring us and blessing us. Lord has given us talents and skills. No matter how small they are, we must never hide this light of goodness that god lighted us with, but we must use this in thanksgiving for the goodness of others so that they will see our good deeds and give glory to God.

Matthew 5:16. List down few good deeds or talents or skills that you can shine out for the good of others and for the glory of God. Draw your face, make Jesus shine in you and colour you too.



Jesus says, 'I am the light of the world, says the Lord; whoever follows me will have the light of life'- John 8:12

Colour the letters of the word SALT and LIGHT to reveal our hidden treasure. D K D R K R C 0 K

