Children's Liturgy Session Lesson Plan September 8th ,2019

Theme: Being a Disciple of Jesus.

Make the children to stand in a circle

Bring to their mind that Jesus is standing in middle of the circle. Wish Him. Prompt them to close our eyes for talking to Jesus in prayer.

Say a prayer in children's own words or do 'Our father' and 'Hail Mary' together

The Sorry Prayer: (Optional)

Ask the Children to reflect on the past week and reflect on whether they would like to say sorry for anything they have done or said to someone, that must have hurt Lord Jesus.

After each prayer, respond: Lord have mercy.

Gospel acclamation:

Alleluia, alleluia ...for welcoming gospel

Reading the gospel: (Luke 14:25-27,33)

A reading from the Holy Gospel according to St. Luke,

Response: Glory to you, O Lord

Now large crowds were traveling with him; and he turned and said to them, 26 "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. 27 Whoever does not carry the cross and follow me cannot be my disciple... 33 So therefore, none of you can become my disciple if you do not give up all your possessions.

The gospel of the Lord

Response: Praise to you Lord Jesus Christ.

Activity: Releasing balloons: Blow balloons and tie a weight to its base so that it doesn't fly off. Ask kids to strike it. Later release the weight and make children observe the balloon flying off. Give message that, the weight of balloon holds it back to earth, once it is freed of its weight, it rises to sky. This is how we feel lighter to fly off to Jesus when we renounce all our possessions to follow Jesus.

Gospel Reflection:

Make children to sit in the circle itself. Bring Jesus who is sitting in middle to their notice and talk to him to speak through the Gospel that they heard.

Let us ponder.... Last week we heard about Jesus telling to humble ourselves and Not to put ourself first but to consider others first. Then we shall be first in Gods eyes.

Narrate the parable for the children

In today's Gospel, Jesus is telling us what it means really to be the disciple of Jesus. HE is asking us to give up all our possessions, take up our cross and follow Him to be His disciple.

The new year of the School has begun. How is it to be back in school?

Wait for Children's Response

Did you all go anywhere during the summer holidays? How was your holidays?

Wait for Children's Response

Have you been in Aeroplane? How is it like?

Wait for Children's Response

Can we take all we have, during our flight?

Wait for Children's Response

No, while travelling in an aeroplane, there are weight restrictions. We cannot take everything as we wish. Moreover, the things we pack must be checked in, at the airport. We can't even carry it with us into the cabin. So, during the travel in an aeroplane, we have to follow the rules to be safe for ourselves and for others in flight.

We must alight ourselves in the flight, with full trust in the pilot. Giving away all that we possess, with full confidence that we will once get it back in the end of our travel.

Are we sad that we are not able to carry all things? our house is left behind, our friends may be left behind, our toys etc ..

Wait for Children's Response

No, because we know that after a period of time we will get back. We know about our travel, we also know the rules of the Air travel in plane and hence we enjoy it.

Now let us think of our journey with Jesus. It is just like this flight journey, more greater and rewarding than it.

Why do we follow Jesus?

Wait for Children's Response

We follow Jesus because HE is our way truth and our life. Our redeemer who gave himself for us in the cross and by resurrection set us free from the dark world by wiping our sins away. Through him we reach our destination of eternity. From where did we understand all these?

Wait for Children's Response

From the Bible. Bible gives us the knowledge and wisdom of who Jesus is? Why did he come to us? what did HE do for us? what should we do?

To follow Jesus, we must know Him. The more we know Him, the more we will follow him. The one who follows Jesus is His disciple.

Disciple is the one who is disciplined by Jesus.

In today's gospel, Jesus teaches us that, to be his disciples, we must follow just as Jesus lived. We must put Jesus first as our foundation of our life and then live according to the life of Jesus.

Where can we understand in the Bible about the life of Jesus?

Wait for Children's Response

In the Gospels. Our life must be the gospel.

It takes a lot of practice and time for us to be a disciple of Jesus.

But, if we do take the time to learn what Jesus taught, then eventually, we will learn what Jesus knew and do things like he did.

For this Jesus says that we must put aside all our possessions. Just as we prepared ourselves for the journey in flight, we must entrust everything in Jesus hands. He is our pilot of our life. With full trust that Jesus will land us to our final destination of eternal life in heaven, we must give ourselves to Jesus.

Jesus says to leave all our possessions, take up our cross and then follow him.

What is our cross? What are our possessions?

Wait for Children's Response

Our cross is that, when our wish comes against the wish of god (conveyed through our parents' elders etc) we say "let your will be done".

Our possession may be things that we cling to most, sometimes more than Jesus; our toys, our wishes, passions, anxieties, pains, anger etc etc...

We must follow Jesus, Trusting in Him fully and loving Him above everything.

For this we must put effort to know more who Jesus is and what did He do for us. We must pray to lord for Wisdom and holy spirit to know Jesus more, by meditating on the word of God .

Jesus is the only way that lead us in the right path to heaven who gave himself out of love to save us, he showed us the way to live to reach where HE reached.

How did Jesus live?

Wait for Children's Response

Jesus lived obeying Fathers will, the favor of the Lord our God was upon him. Thus, living as Jesus lived, brings favour of God upon us, who will prosper our life by being with us always.

Let us too learn and do things like Jesus. Thus, receiving God's love, forgiveness, and healing and then be able to share God's love, forgiveness, and healing with the people around us – just like Jesus did.

Today is the birthday of someone who gave herself to Gods will.

Can you guess who?

She said;" here is your handmaid, let it be done in me according to thy word"

When she said YES to the word of the Lord, the power of holy spirit came upon her and the word was made flesh in her to give Jesus. Let us also give ourselves to the living word of god and say Yes to lord...let the word be made flesh in us by the power of holy spirit to mold us to be like Jesus.

Verses to remember (written on the white board) :-

"anyone of you who does not renounce all his possessions cannot be my disciple." Luke 14:33

Intercession Prayers: If children have any personal prayer intentions, we pray for them.

And in response we pray: Lord in your mercy, hear our prayers.

Final Prayer: Dear Father in heaven, we thank you for sending us your son, Jesus, showing us the way to our eternal home. Send us wisdom and fill us with holy spirit to know more about Jesus – god's love, so that our faith increases to set aside everything for your amazing love and follow the way the truth and the life-Jesus, by carrying our cross without complaints, doing your will always. Amen.

Children re-join the Holy Mass.	
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