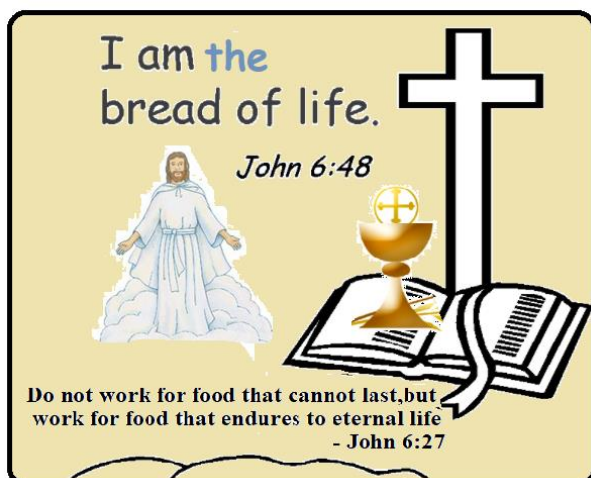


## “I am the Bread of Life” Children’s Liturgy Activity August 1<sup>st</sup> , 2021



### Gospel: John 6:24-35

In the gospel today, we see the crowds desperately searching for Jesus. They come in boats crossing to Capernaum looking for Jesus and they find him. To the people who were looking for him, Jesus said that ‘you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.’ Jesus asks them to work for the food that does not perish but leads to eternal life and that is provided by the son of Man, upon whom God the father has set seal on. The people ask Jesus ‘What must they do if they are to do the works that God wants?’. Jesus tells them that ‘This is working for God: you must believe in the one he has sent’. The people demanded signs from Jesus in order to believe in him. They tell Jesus about how Moses brought down Manna in the desert during the time of their ancestors. But Jesus answered them that it was not Moses, but it was heavenly Father who gave Manna. Jesus told them that true bread is the bread which comes down from heaven and gives life to the world. The people asked Jesus to give them this bread always. Jesus declared to them that ‘I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.’

Through today’s gospel, Jesus asks us ‘why do we look for him? Is it to satisfy the earthly needs or to attain the eternal? Jesus urges us to work for the things that are for eternity. Let us analyse ourselves, are we getting carried away with the things of the earth? Or are we able to recognise the signs that these things point us to?’

All earthly things that we receive are signs that lead us to the provider—the true food. What is the true food? The true food is that which came down from heaven and gave life to the world. It is Jesus. Jesus is the bread of life who came down from heaven, who gave his body, blood, and soul to give eternal life to each of us. Heavenly father wishes that through all earthly blessings we receive, we must seek and come to perfect knowledge of Jesus and increase in faith in Him. Jesus says, those who come to him will never be hungry and will never be thirsty. When we receive Jesus in truth, we will no longer hunger or thirst for any other things of this world. All our works must focus to attain the bread of eternal life.

Jesus comes into us in Holy Eucharist. Let us receive him in real desire to gain eternity. Let us work for the eternal food. Let us seek, find and know Jesus in all things that we receive from this world and thus, increase in faith and attain the eternal life through Jesus.

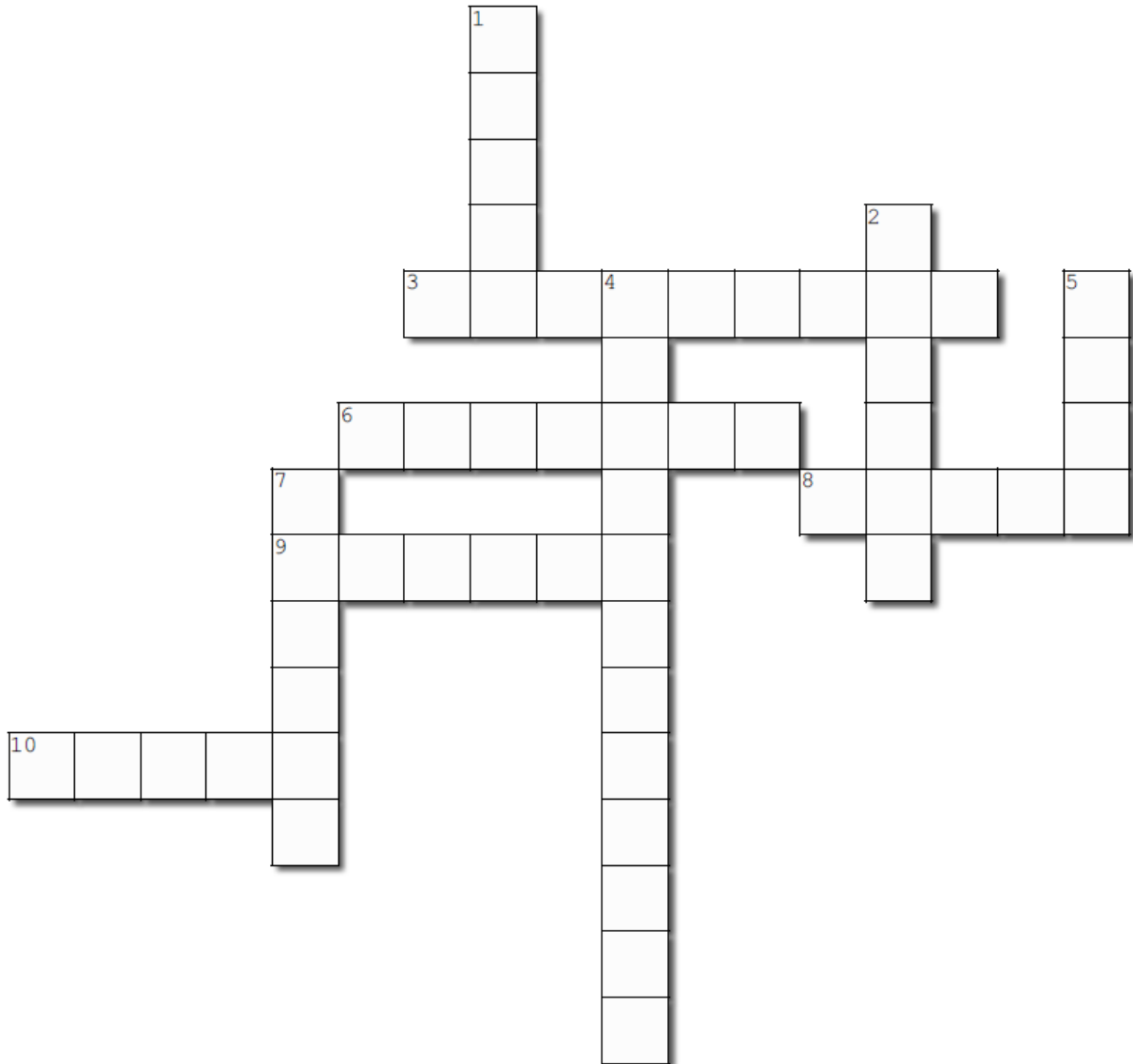
**Trace back and draw the correct route of getting a Bread toast.**  
**As we trace, let us reach our real provider.**



**Write a thanksgiving poem to our lord for everything he has given you**

Thanksgiving poem

**Cross word Puzzle.**  
Solve the puzzle with clues provided



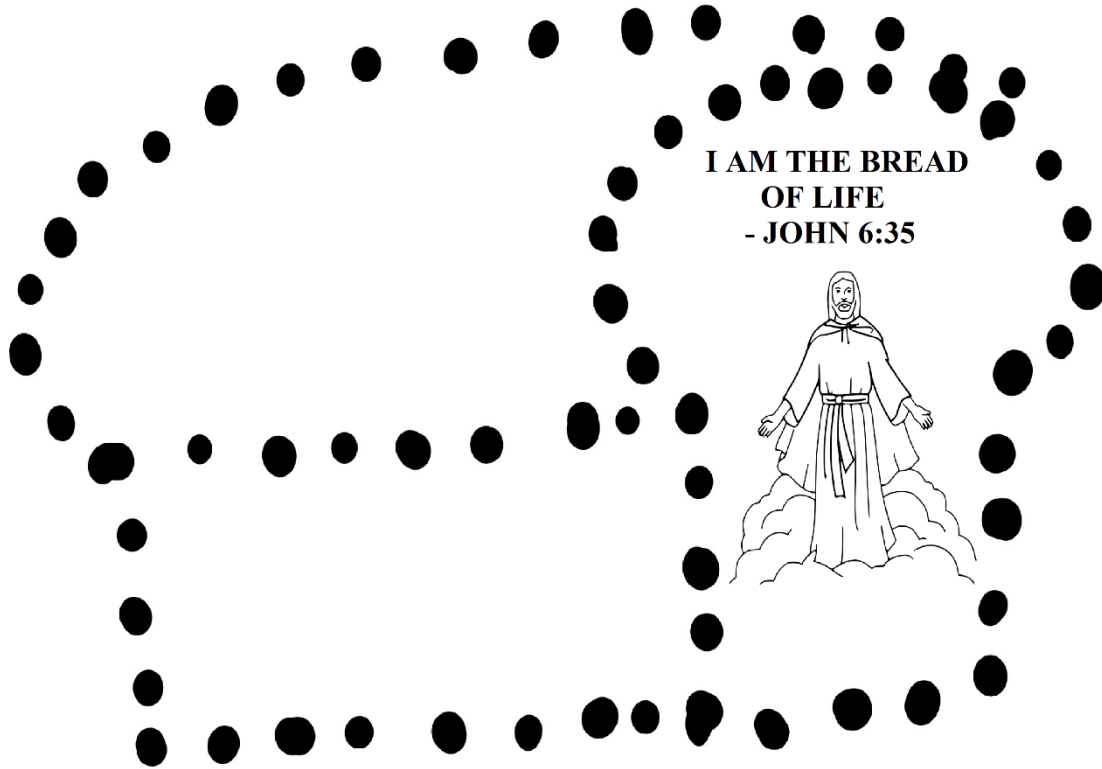
**Across**

- 3. The people got into boats and crossed to ----- to look for Jesus
- 6. 'This is working for God: you must ----- in the one he has sent.'
- 8. Jesus is the ----- of life.
- 9. The bread of God is that which comes down from .. -----
- 10. The way, the truth and the life.

**Down**

- 1. The bread that forefather ate in the desert.
- 2. whoever comes to Jesus will never be -----.'
- 4. The food that the Son of Man is offering gives -----
- 5. Man does not live on bread alone, but on every ----- that comes from the mouth of God.
- 7. whoever believes in Jesus will never -----.'

Join the dots and colour the picture.



**Complete the following verses from the Bible**

Clue: John 6:54-55

Those who eat my ----- and drink my ----- have  
-----, and I will ----- them up on the last  
day; for my flesh is true ----- and  
my blood is true -----.

Let us pray, 🙏

Dear lord Jesus, we thank you for coming into us as the bread of life. Give us grace to recognize your presence and to be thankful for your providence in all that we receive in this world. Let us work for the eternal food and be satisfied in you alone . Let everything of this world lead us to you, the eternal satisfaction. In Jesus name we pray, Amen.